

2020 STAR Measures Reference Guide



Adult BMI Assessment (ABA)

Age:	18 to 74
ICD-10-CM:	Z68.1, Z68.20-Z68.39, Z68.41-Z68.45, Z68.51-Z68.54
Medical record requirements:	Height, weight and calculated body mass index (BMI) in 2019-2020
Exclude:	Pregnant member
Helpful hints:	
<ul style="list-style-type: none"> Note must include height, weight and BMI Last year's office visit can be used for compliance 	

DMARD Therapy for Rheumatoid Arthritis (ART)

Age:	18 and older
Requirements:	Dispensed at least one disease-modifying anti-rheumatic drug
Administrative helpful hints:	
<ul style="list-style-type: none"> Medication has to be filled and dispensed to member to meet compliance. 	

Breast Cancer Screening (BCS)

Age:	Women 50 to 74
Requirements:	Mammogram from October 1, 2018, to December 31, 2020
Administrative only exclusions:	Bilateral mastectomy
Helpful hints:	
<ul style="list-style-type: none"> Past medical history notes can be used, with date of mammography and results completed within time frame. 	

Controlling Blood Pressure (CBP)

Age:	18 to 85
Measure requirements:	A hypertension DX on or before June 30 and the last blood pressure reading of the year.

Comprehensive Diabetes Care (CDC)

Age:	18 to 75
Medical record requirements:	Lab results or medical record with the following: <ul style="list-style-type: none"> Last A1c of the year with results and date of lab Nephropathy screening Retinal eye exam completed between 2019 to 2020
Helpful hints:	
<ul style="list-style-type: none"> Follow up with members who are not completing labs. Monitor results timely for noncompliant members. Microalbumin test should be ordered during annual wellness exam. Eye exam from previous year can be used with results. 	

Care of the Older Adult (COA)

Age:	66 and older
Requirements:	Complete annual assessment for: <ul style="list-style-type: none"> Functional status. Advanced care planning. Pain screening. Medication review with a medication list.
Helpful hints:	
<ul style="list-style-type: none"> Monitor membership reports for newly assigned members. COA form should have medications listed or office visit attached. Pain screening must be completed with an actual score. When in doubt, send the annual wellness note. 	

Colorectal Cancer Screening (COL)

Age:	51 to 75
Requirements:	At least one of the tests within specified time frame: <ul style="list-style-type: none">• Fecal Occult Blood Test (FOBT): yearly• Flexible sigmoidoscopy: 2016 to 2020• Colonoscopy: 2011 to 2020• FIT-DNA: 2018 to 2020• CT colonography: 2016 to 2020
Helpful hints:	<ul style="list-style-type: none">• InSure® ONE™ is a one-sample FOBT test.• FIT DNA test are compliant for three years.• Member states documentation in past medical history meets compliance with a date and results.

Medication Reconciliation Post-Discharge (MRP)

Age:	18 and older
Discharge dates:	January 1 to December 1
Requirements:	Follow-up visit within 31 days of discharge date with documentation of hospitalization, medication list and medications reconciled
ICD-10-CM:	1111F
Helpful hints:	<ul style="list-style-type: none">• Review your inpatient census reports daily.• A post-discharge visit can be completed telephonically with appropriate documentation.• Documentation must show that medications from home and hospital have been reconciled.

Osteoporosis Management of Women (OMW)

Age:	Women 67 to 85
Administrative only requirements:	Diagnosis of a bone fracture and a bone density test or prescription treatment within six months of fracture diagnosis.

Statin Therapy for Patients with Cardiovascular Disease (SPC)

Age:	Males 21 to 75, women 40 to 75
Administrative only requirements:	<ul style="list-style-type: none">• Received statin therapy: members who had one high-intensity or moderate-intensity statin medication during the measurement year• Statin adherence 80%: members who remained on a high-intensity or moderate-intensity statin medication for at least 80% of the treatment period

Key factors for achieving 5 stars:

- Review membership reports for new members.
- Review monthly HEDIS® and Medication Adherence reports for noncompliant members.
- Schedule uncontrolled members for follow-ups, as needed.
- Review lab results in a timely manner.
- Remember that Simply Healthcare Plans, Inc. is here to help!

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

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